



# Meetings at The Winchester Hotel & Spa

We've reimagined the traditional meeting day to focus on what really matters: the wellbeing and productivity of your team.

Our brand-new approach puts brain health, energy, and engagement at the heart of every meeting. From curated menus to sensory support, we've carefully designed your day for peak performance.

Brain Fuel Lunch & Snacks



Hydration Station



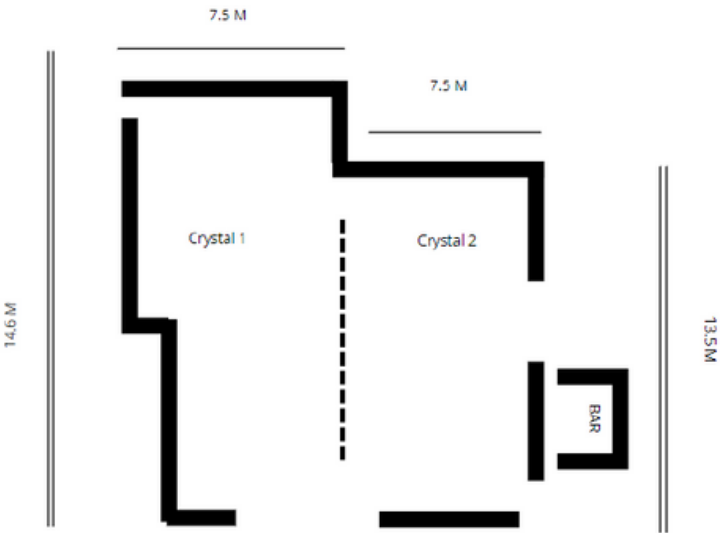
Self Serve Smoothie Fridge



3pm Pick-me-up



	The Crystal Room	Crystal 1	Crystal 2
Banquet	100	40	40
Boardroom	30	22	22
Theatre	120	60	60
U-Shape	24	18	18
Classroom	40	15	15
Cabaret	60		
Reception	120	80/60*	70/50*



\*No furniture / Mixed standing and seating

Our meeting rooms are a blank canvas for your event. With capacity for up to 100 delegates, our spaces can be adapted and tailored to your needs. The Winchester Hotel & Spa is also home to 96 bedrooms, so whether you just want an afternoon away from the office or a training programme that spans several days, we are here to help.